

Non-Negotiable Behaviours

Exercise, Nutrition and Lifestyle Coach

Activity	Details	Frequency
Team Meeting	Participate in with Owner	Weekly
Report on agreed action items	To Owner	During Team Meeting
Results	Forward results and invoice to Owner by COB Friday	Weekly
Development Coaching	Participate in with Owner	Monthly
One-on-one Meeting	Participate in with Owner	Monthly
Demonstrate Mastery	Demonstrate mastery of role processes by meeting all agreed standards	Always
Role Model	Role model Service and Sales Processes	Always